



# June 2004 Calendar

**Please Note:** No Senior PARKS/REC activities will take place during the summer months. To find about other adult programs being offered, please call the Parks Dept. at 508-841-8503.

<b><u>Monday</u></b>	<b><u>Tuesday</u></b>	<b><u>Wednesday</u></b>	<b><u>Thursday</u></b>	<b><u>Friday</u></b>
<b>Elder &amp; Disability Law Advocates</b> • Guardianships • Estate & Medicaid Planning <b>Medicaid Benefit Applications</b> <b>Worcester</b> <b>(508) 755-6525</b>	<b>1 Trip: Greendale Mall</b> 10-12 Independent Artists 1pm: Reiki 2pm: Chi Gong  <i>Macaroni &amp; Cheese</i>	<b>2</b> 11:00 Yoga 11-noon: Bridge Lessons 12:30 Bridge/1-3:00 Whist 1-2:00,2:15-3:15 Pilates  <i>Chicken L'Orange</i>	<b>3</b> 9:00 Men's Club  10:45 Watercolor 11:00 Music with Kitty 1:00 Pitch  <i>Baked Fish</i>	<b>4</b> 9:30 Writer's Workshop 10:00 Cribbage <b>Noon: Firemen's Picnic and Educational Program</b> 1:00-3:00 Busy Hands <b>Roast Turkey</b> <i>(Meals On Wheels only)</i>
<b>7</b> 9:30 Piecemakers 11:00 SSC Club 11:30 Whist 12:30 Bridge  <i>Honey Mustard Chicken</i>	<b>8 Trip: Spag's</b> 10-12 Independent Artists <b>10am Spinal Screening</b> <b>12:30pm: What Is Reiki?</b> <b>1pm Hearing Screening</b> 1pm: Reiki 2pm: Chi Gong  <i>Vegetable Cheese Bake</i>	<b>9</b> <b>10:00 COA Board Meeting</b> 11-noon: Bridge Lessons 11:00 Yoga 12:30 Bridge/1-3:00 Whist 1-2:00,2:15-3:15 Pilates  <i>Beefy Ziti Bake</i>	<b>10</b> 9:00 Men's Club 10:45 Watercolor 11:00 Music with Kitty 1:00 Pitch <b>5:30 Community Dinner (at High School)</b> <i>Liver &amp; Onions</i>	<b>11</b> 9:30 Writer's Wkshp 10:00 Cribbage <b>10am: Better Endings Talk</b> 1:00-3:00 Busy Hands <b>1pm: Assisted Technology Talk</b>  <i>Cheese Ravioli</i>
<b>14</b> 9:30 Piecemakers 11:00 SSC Club 11:30 Whist 12:30 Bridge  <i>Stuffed Peppers</i>	<b>15 Trip: Solomon Pond</b> 10am Independent Artists <b>10am: SHINE Talk</b> <b>12:30pm: What Is Chi Gong?</b> <b>11:30am: Friends of the SSC, Inc. (Indian Meadows)</b> 1pm: Reiki, 2pm: Chi Gong <i>Teriyaki Chicken Salads</i>	<b>16 10-12 Free Legal Clinic</b> 11:00 Yoga 11-noon: Bridge Lessons 12:30 Bridge/1-3:00 Whist <b>11amB.Pressure Screening</b> 1-2:00, 2:15-3:15 Pilates  <i>Swedish Meatballs</i>	<b>17</b> 9:00 Men's Club  10:45 Watercolor 11:00 Music with Kitty 1:00 Pitch  <i>Roast Pork</i>	<b>18 9:00 Rep. Polito Office Hrs</b> 9:30 Writer's Workshop 10:00 Cribbage <b>10am: Bocce Dedication</b> <b>11:30am: Lunch and Movie</b> 1:00-3:00 Busy Hands  <i>Fish Victor</i>
<b>21</b> 9:30 Piecemakers 11:00 SSC Club 11:30 Whist 12:30 Bridge  <i>Chicken Chow Mein</i>	<b>22 Trip: Target</b> 10am Independent Artists <b>12:30pm: What Is Meditation?</b> 1pm: Reiki 2pm: Chi Gong <b>1pm: Hat Making Workshop</b> <i>Meatloaf</i>	<b>23</b> 11:00 Yoga 11-noon: Bridge Lessons 12:30 Bridge/1-3:00 Whist 1-2:00, 2:15-3:15 Pilates  <i>Roast Turkey</i>	<b>24</b> 9:00 Men's Club 11:00 Music with Kitty 1:00 Pitch <b>2-8pm Red Cross Blood Drive</b> <i>Hot Dog/Roll</i>	<b>25</b> <b>9am Newsletter Mailing</b> 9:30: Writers Workshop 10:00 Cribbage  1-3 Busy Hands <i>Baked Chicken</i>
<b>28</b> 9:30 Piecemakers 11:00 SSC Club 11:30 Whist 12:30 Bridge  <i>Fish Filet with stuffing</i>	<b>29 Trip: Auburn Mall</b> 10am Independent Artists 1pm: Reiki 2pm: Chi Gong <b>1:30pm: AARP Meeting</b> <i>Veal Parmesan</i>	<b>30</b> 11:00 Yoga 11-noon: Bridge Lessons 12:30 Bridge/1-3:00 Whist 1-2:00, 2:15-3:15 Pilates  <i>Chicken Picatta</i>	<b>All special monthly activities, meetings and screenings appear in italics on the Calendar: Please call the Senior Center at 841-8640 to register for or learn about an activity, screening or clinic. The entrée at the Village Café is listed each day. Please call the Café Office at 508-841-8757 the business morning before to reserve your seat.</b>	